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THE WEDDING BELL BOOS

HOLLYWOOD HAS A KNACK FOR MILKING THE LAUGHS FROM NUTTY NUPTIALS. DIANE KEATON STARS IN THE LATEST FLICK ABOUT TYING THE KNOT ... IN A NOOSE **PAGE 8**



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JETS' HOPES LOSE ALTITUDE

Winnipeg Jets centre Aaron Gagnon falls to ice the as he reaches for the puck against Washington Capitals winger Aaron Volpatti during second-period action in Washington on Tuesday. The Jets lost 5-3, seriously hurting their playoff chances. For coverage, see page 18.

NICK WASS/THE ASSOCIATED PRESS

Girl's death covered up, inquiry hears

Phoenix Sinclair. New details emerge on what would have been girl's 13th birthday

Tuesday would have been Phoenix Sinclair's 13th birthday.

Instead, a public inquiry heard new details about how the young girl fell through the cracks of Manitoba child welfare even after a brutal beating ended her life when she was five.

Her mother, Samantha Kematch, covered up the girl's death by telling people that Phoenix was living with relatives or in foster care, the inquiry was told. In reality, the child had been buried in a shallow grave near a landfill after a deadly assault by Kematch and her boyfriend Karl McKay.

"They said that she was

living with her dad," testified one witness, McKay's daughter, who cannot be identified under a publication ban.

"They told me that Phoenix got apprehended ... (and was) in care," said another witness, a friend of Kematch, who also cannot be identified.

"We went to go visit (Kematch's) auntie once, and she asked where Phoenix was, and they told her that she was with (McKay's) sister," the second witness said later.

The inquiry is examining how child welfare failed to protect Phoenix, who had spent much of her life in foster care or with family friends before being returned to Kematch. Phoenix had been seized shortly after her April 23, 2000, birth from Kematch and the girl's biological father, Steve Sinclair, because the young couple had histories of violence and were unprepared to care for her.

THE CANADIAN PRESS

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Battling litter**Students gear up to take part in cleanups**

Students from across Winnipeg descended on the MTS Centre Tuesday to get amped up and informed about taking care of litter around the city.

More than 1,000 students were on hand for Take Pride Winnipeg's Team Up to Clean Up event and spent the day hearing about what they can do to keep the city clean from environmental groups, as well as the likes of Winnipeg Blue Bombers Buck Pierce and Glenn January, and legendary children's entertainer Fred Penner.

"This event is basically to get kids pumped up, get them excited," said Colleen Kurlowich, Take Pride Winnipeg's manager of programs and operations.

"We have a number of groups here to broaden their knowledge and get kids thinking more about what they can do at home, and what kind of ideas they can bring home to their parents about what more they can do to help reduce their amount of trash."

More than a dozen environmental stewardship and educational organizations had set up booths where students learned more about the negative impact of litter. According to Kurlowich, the event, sponsored by Tim Hortons, started in 1998 with only about 100 attendees. It has since grown to include thousands of students each year, from grade-school students to high schoolers — the age groups that make up the bulk of volunteers and cleanup events around the city. **JOHN TOWNS/FOR METRO**



Dancers with Canada's Royal Winnipeg Ballet give a demonstration of what audiences can expect from the company's upcoming 2013-14 season Tuesday.

SHANE GIBSON/METRO

Atwood's classic to debut in Winnipeg

Novel to ballet. The Handmaid's Tale inspires adaptation on stage

Canada's Royal Winnipeg Ballet will kick off its 74th season with the world premiere of a commissioned adaptation of Margaret Atwood's award-winning novel *The Handmaid's Tale*.

Lila York choreographs the ballet version of the 1985 dystopian novel, which has previously been turned into a film and an opera. As RWB's artistic

director André Lewis told Metro after unveiling the season, adapting the work was no walk in the park.

"I don't want to do just what everyone else does," he said. "I want to do it differently and I want to create something that is unique."

Those at Tuesday's announcement got a special treat when Atwood herself spoke to Lewis over Skype for about five minutes about her work consulting on the process of turning words into dance.

"Each of these art forms has its own way of communicating,

Tickets

For more information about RWB's upcoming season, and for ticket and subscription details, go to rwb.org.

and the artist in that form is working in that mode," said Atwood. "The mode of the novel is words, of course, and the mode of the ballet is the physical body, and music, of course, so I'll be very interested to see how (Lila York) has managed to

do that."

The season will also include Nutcracker, Romeo and Juliet and a mixed program of *The Four Seasons*, *The Vertiginous Thrill of Exactitude* and *Defile*, as well as performances by Les Grands Ballet Canadiens de Montreal and Peter Quanz's contemporary ballet company Q Dance.

Tours stops scheduled for the season include Ottawa, Western Canada and parts of the U.S.

"It's a fantastic season to be part of; there's something for everyone to enjoy," said Lewis.

Trades training gets boost

More Manitobans will soon have the chance to pursue apprenticeship training, the province announced Tuesday.

At Red River College's Notre Dame campus, Minister for Entrepreneurship, Training and Trade Peter Bjornson said that more than 100 new skilled-trades apprenticeship training seats will be created with a cash injection of \$800,000 as part of the province's 2013 budget.

"We know that there's a shortage of skilled labour in the province that can hinder the ability of industry to ex-

pand their businesses," said Bjornson.

The addition of the 100 new apprenticeship slots is part of his government's commitment to expanding trades training in Manitoba — the province has doubled its apprenticeship budget over the last five years, said Bjornson.

"Manitobans will be able to train for jobs that are in demand right now," he said. "This will help give businesses the well-qualified workers they need."

The new apprenticeship seats will be in a number

of areas, including training for railway-car technicians, diesel-engine mechanics and power-line technicians — areas which are due for growth, according to Neil Cooke, chair of the college's transportation heavy apprenticeship trades division.

"These areas are going to experience some substantial growth over the foreseeable future, with the attrition rate that they have with people retiring and the expansion of the transportation network through rail and ground transportation," said Cooke.

JOHN TOWNS/FOR METRO



Entrepreneurship, Training and Trade Minister Peter Bjornson chats with some Red River College students in the heavy-duty equipment program before announcing funding for 100 new apprenticeship openings throughout Manitoba on Tuesday. **JOHN TOWNS/FOR METRO**

College Avenue

Police suspect fire may be arson



Firefighters at work on College Avenue. HOWARD WONG/FOR METRO

Police are investigating a fire at a North End street as a possible arson.

Firefighters and police were called to the rear lane of the 200 block of College Avenue around midnight Tuesday.

Police said the fire caused about \$4,000 worth of damage before it was quickly extinguished. No injuries were reported.

Police consider the fire to be "suspicious in nature." **METRO**

St. Boniface

Teens accused of using bear mace during robbery

Two 18-year-old men are facing charges after a convenience store robbery in St. Boniface Sunday night that involved bear spray.

Police said one suspect used a can of bear spray after demanding cigarettes and merchandise. **METRO**

Cellphone stolen

Arrest made in bus snatch-and-dash

Police have made an arrest in a month-old case of snatch-and-dash on a bus, in which a man grabbed a rider's cellphone and jumped out while at a stop.

Police took a 21-year-old in the 800 block of Winnipeg Avenue Monday. **METRO**



Ruth Moody of The Wailin' Jennys got plenty of help on her new solo album *These Wilder Things*. HANDOUT

Moody in Dire Straits on her second album

'Huge honour.'
Guest musicians appear on new solo disc from Wailin' Jennys member

JARED STORY
winnipeg@metronews.ca

These *Wilder Things* — the second solo album from The Wailin' Jennys member Ruth Moody — features an impressive list of guest musicians, including American lap steel

player Jerry Douglas, Crooked Still vocalist Aoife O'Donovan and British vocalist and guitarist Mark Knopfler.

Yes, that Mark Knopfler. The former Dire Straits frontman guests on the Winnipeg singer-songwriter's *Pockets*.

"Mark got in touch with me last year and asked me to sing on his album (2012's *Privateering*), which was a lot of fun and a huge honour," Moody says. "I asked him if he would want to sing and play on my album, and he said he'd love to. Then he asked me and my band if we wanted

to open for him in Europe, so we're doing that in May. It's a really unexpected, wonderful thing that's happened."

Speaking of rock legends, *These Wilder Things* also features a Moody rendition of Bruce Springsteen's 1984 hit single *Dancing in the Dark*.

"Everyone covers the more obscure or raw Springsteen stuff, so it was fun to take his biggest hit and try to folkify it," Moody says. "It's such a great tune, and it was cool to approach it in a different way. It's always fun to turn something on its end like that."

Concert info

Ruth Moody plays the West End Cultural Centre on Thursday.

- Opening. Ridley Bent.
- Tickets. \$15 at the West End Cultural Centre, Music Trader, Winnipeg Folk Festival Music Store and Ticketmaster or \$20 at the door.
- Showtime. 8:00 p.m.



Take a Toonie Tuesday

Justine Orr had a tough job at the corner of Portage and Main on Tuesday — she was part of 126 teams that hit the streets in nine Canadian cities to hand out \$25,000 worth of free toonies to passers-by. The event, organized by Credit Union Central of Canada, promoted the credit union's surcharge-free ATM network. **SHANE GIBSON/METRO**

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Lewd photos. Threat of distribution enough to coerce girls, says prof

Threats to distribute naked pictures of six teen girls allegedly made by two accused teen pimps would have been enough to coerce the girls into prostitution, said a University of Ottawa bullying expert Tuesday.

"The shunning and fear of that instills more fear than having a sexual encounter with a stranger. That speaks volumes," said Tracy Vaillancourt, with Canada Research Chairs, who studies bullying and peer victimization.

"Girls bully other girls and call them sluts. That's the worst that you could be called in a sense," she said, pointing out the alleged victims would have an easier time keeping one-on-one sexual encounters private than having lewd photos of themselves distributed online.

"They threatened to steal my stuff and tell people what I did and probably send the pictures out to people," one alleged victim told a defence lawyer at the courthouse Tuesday.

GRAHAM LANKTREE/METRO IN OTTAWA



The threat of having lewd photos distributed online can be enough to coerce girls into prostitution, says an expert on bullying. ISTOCK IMAGES

Teen wanted to walk on wild side: Lawyer

Trial. Defence lawyer's barb leaves alleged pimping victim in tears; says she feared blackmail and abuse



GRAHAM LANKTREE
Metro in Ottawa

A teen girl allegedly pimped out by two others was taking a walk on the wild side when she met two johns and got in too deep, a defence lawyer charged Tuesday before the girl began to sob on the witness stand.

"Word got out on the street that (accused one) and (accused two) were spending time with men, being escorts and getting paid for it," said attorney Ken Hall, as he suggested what happened the night of May 18, 2012, when the 17-year-old girl says she

was sexually exploited.

"The turning point was when man two brought the white lines out," said Hall, referring to the second man the girl encountered and her testimony that he had white lines of powder on a table in his apartment connected to a warehouse in Ottawa's east end. "That's when the whole house of cards came crashing down. That scared you?"

The teen indicated she was scared of him already, since he was more than twice her age and suspected the white powder may have been cocaine. "I wanted to get out of there already. But it made it scarier for me," she said before she asserted she didn't lie in her statement to police.

The two girls are among three teens accused of pimping out six teen girls between May 18 and June 3, 2012. The trio face a litany of charges including human trafficking.



"She came over, we had pizza. We had vodka cranberry," an alleged john says of his meeting with a 15-year-old girl during testimony in an Ottawa courtroom. She is one of three teens accused of pimping out six teen girls not much younger or older than themselves. TORSTAR NEWS SERVICE FILE



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Facebook fracas

Politician gets apology after being ejected from legislature

The Speaker of the Newfoundland and Labrador legislature apologized Tuesday for concluding that an NDP politician was in contempt for being a member of a Facebook group where someone else posted an allegedly threatening comment against Premier Kathy Dunderdale.

Ross Wiseman said he was sorry after ejecting Gerry Rogers from the legislature last week.

Wiseman said since his initial ruling, he has learned that it is possible that people can become members of Facebook groups without consent.

Rogers was suspended from the legislature last Tuesday after she refused to apologize for being a member of a Facebook group called "Kathy Dunderdale must go!" At the time, she said she was added to the group without her agreement or knowledge by someone she didn't know.

Rogers said Tuesday she accepts Wiseman's apology. **THE CANADIAN PRESS**

Korean War. Canadians honoured during 60th anniversary of armistice

There doesn't seem to be any other place in the world where perpetual enemies stare at each other in plain sight, with their feet firmly cemented to the ground and rock-hard fists at the ready for a battle that could come any minute — or not at all.

The Korean War still hasn't officially ended even after North and South Korea agreed to a ceasefire nearly 60 years ago. To this day, Republic of Korea guards keep watch on their neighbour to the north, whose main building lies just a stone's throw away within the Demilitarized Zone (DMZ).

So what's stopping soldiers on either side from jumping at each other's throats?

"Not much," says Korean War veteran Frank Bayne.

The former second lieutenant from Guelph visited the DMZ with 35 other Canadian veterans Tuesday as part of a commemorative trip organized by Veterans Affairs Canada to mark the 60th anniversary of the armistice. He said he was one of the few troops who fired the final rounds of ammunition the day it was signed in 1953.

"So at midnight we all fired

Honouring our heroes

Dozens of young military personnel at Sang-Seung Observation Point in South Korea greeted the Canadian delegation with open arms at a briefing, which concluded with a moving video expressing their gratitude to Canadian forces.



and then we went off and got drunk," said Bayne with a chuckle.

The trip comes as North Korea's Kim Jong-un has unleashed new threats to ignore the armistice and unleash a nuclear strike on South Korea.

But Bayne says Jong-un is merely flexing his muscles.

"People said to me, 'Aren't you afraid to go back?' I said hell no," recalled Bayne while on a bus departing the DMZ. "I think he's bluffing. I think he's trying to get concessions. He wants the world to know he can make the United States and the world talk to him as equals."

JOE LOFARO/METRO IN SEOUL

Men deny VIA Rail terrorist plot; 'Let police do their job,' dad says

Al-Qaida in Iran to blame? Two charged over alleged plan to hit passenger train appear in court

Two men charged in an alleged al-Qaida-supported terror plot to attack a VIA Rail passenger train disputed the allegations against them Tuesday as they made their first appearances in court.

Raed Jaser, 35, and Chiheb Esseghaier, 30, are facing several terrorism charges each in what the RCMP is calling the first known alleged plot in Canada directed by the terrorist organization.

Esseghaier, who appeared in court in Montreal, stood calmly in the witness box and asked to address the court.

"The conclusions were made based on acts and words which are only appearances," he said.

The judge, Pierre Labelle,



Talk about a media scrum! John Norris, Raed Jaser's lawyer, is surrounded by microphones and cameras at a Toronto courthouse on Tuesday. Jaser is seen in a court sketch at bottom right. Co-accused Chiheb Esseghaier, top right, attended court in Montreal. Both are charged in what the RCMP says is the first alleged al-Qaida plot in Canada. TARA WALTON/TORSTAR NEWS SERVICE (LEFT) AND THE CANADIAN PRESS



explained it wasn't the right venue for his remarks.

Both Esseghaier and Jaser are charged with conspiracy to murder for the benefit of a terrorist group, participat-

ing in a terrorist group and conspiring to interfere with transportation facilities for the benefit of a terrorist group. Esseghaier faces an additional count of partici-

pating in a terrorist group.

If convicted, they could be sentenced to life in prison.

Several family members attended Jaser's brief Toronto court appearance.

"Of course I am supporting my son, of course," said his father, Mohammed Jaser, as about two dozen journalists surrounded him. "Let the police do their job."

Jaser and Esseghaier were charged Monday in an alleged plot that the RCMP said involved "direction and guidance" from al-Qaida in Iran.

THE CANADIAN PRESS

Tragic Rehtaeh. Teen's grieving family makes a pilgrimage to Ottawa

Rehtaeh Parsons' family met with Prime Minister Stephen Harper privately Tuesday to discuss changes to the Criminal Code in the wake of their daughter's death.

Rehtaeh's father, Glen Canning, said after the meeting he doesn't know what the federal government can or will do.

But he said the meeting with Harper was "heartfelt" and he was convinced the prime minister cares about

his daughter's case.

Rehtaeh's family alleges she was sexually assaulted at a party and images of the 15-year-old were transmitted online.

She attempted to hang herself and was taken off life support days later.

The family wants the Criminal Code changed to stop the Internet transmission of such intimate images without consent.

ALEX BOUTILIER/METRO IN OTTAWA



Nova Scotia Premier Darrell Dexter, right, arrives on Parliament Hill with Rehtaeh Parsons' family on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS

Boston bombing. Jihad websites held deadly allure for suspects: Officials

The dead Boston bombing suspect, Tamerlan Tsarnaev, was an ardent reader of jihadist websites and extremist propaganda, U.S. officials said Tuesday.

And evidence suggests he and his wounded brother, Dzhokhar Tsarnaev, were both motivated by an anti-American, radical version of Islam, the officials said.

Officials said Tamerlan, 26, frequently looked at extremist sites, including Inspire magazine, an English-language online publication produced by al-Qaida's Yemen affiliate. The magazine has endorsed lone-wolf terror attacks.

Meanwhile, 19-year-old Dzhokhar — suffering from a gunshot wound to the throat — was questioned in hospital by investigators, who let him write down his replies.

Dzhokhar has been charged with using and conspiring to use a weapon of mass destruction.

THE ASSOCIATED PRESS

Faraway tears



U.S. investigators travelled to southern Russia on Tuesday to talk to the parents of the Boston bomb suspects.

- **Mother.** The suspects' mother, Zubeidat Tsarnaeva (above), appeared outside her home for the first time since the furor.
- **Sadness.** She is in "very bad shape" and cries as she watches video of her dead son, said rights activist Heda Saratova.

The public eye

Harper's wife: No tips for Trudeaus

Laureen Harper has no tips for the Trudeaus about living in the public eye. She says she could take lessons from Justin Trudeau's wife, Sophie. She walks down the street "and people know her ... nobody would know me."

THE CANADIAN PRESS

The Associated Press

Hackers hit U.S. news giant

Hackers hit Twitter accounts of The Associated Press on Tuesday, sending out a false tweet about an attack at the White House.

It said there had been two explosions and Barack Obama was hurt.

THE ASSOCIATED PRESS

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Forecast. Canada Post could have billion-dollar losses by 2020, report says

A think-tank commissioned by Canada Post is warning that the Crown corporation will be losing \$1 billion a year by the end of this decade.

The Conference Board of Canada says the postal service is being hit by a dramatic reduction in volumes in the age of digital communication.

It estimates that the volume of bills, invoices, advertising and publications handled by Canada Post will decline by more than 25 per cent by 2020.

The volume of parcel delivery is expected to buck the trend and grow by 26 per cent due to online shopping, but the Conference Board says it won't be enough to offset the revenue lost in other areas.

The report estimates \$576



New stamps commemorating classic Canadian rock bands including The Tragically Hip, Rush, The Guess Who and Beau Dommage will be available July 19. CANADA POST/THE CANADIAN PRESS

million a year could be saved by the elimination of door-to-door delivery for urban homes that get it — about one-third of Canada's households.

THE CANADIAN PRESS

Liquid gold. Thief makes off with rare scotch worth \$26K

Toronto police are looking for a thief with expensive taste.

They say a man went into a downtown liquor store earlier this month and went to the vintage section, where he selected a rare bottle of 50-year-old Glenfiddich Single Malt scotch.

The 700-millilitre bottle, which was in a glass case, is worth \$26,000. Police say the



Glenfiddich 50 Year Old GETTY IMAGES FILE

man then selected a bottle of wine and paid for that, but left the store without paying for the scotch.

A security-camera image of the suspect is posted on the police website. THE CANADIAN PRESS

Loyalty program

Outgoing CEO says Rogers needs to 'significantly' up customer service

Rogers Communications says it plans to launch a loyalty rewards program this year, as part of a bid to improve its relationship with customers.

Outgoing CEO Nadir Mohamed said Tuesday the wireless, cable and media company needs to improve its customer service "significantly."

We "will actually further work to reinforce this idea that we value our customers (and) we reward our customers for staying with us," he told reporters in Toronto, before the company's annual meeting.

Some longtime customers have turned to the customer-service department to request discounts on their payments. They want the company to demonstrate that the company "values their tenure," he said.

While details of the rewards program weren't revealed, a broad range of the telecom company's services will be recognized in the program. It will also extend to its banking and credit-card services, expected to launch sometime this year.

THE CANADIAN PRESS



Nadir Mohamed, outgoing CEO of Rogers Communications, speaks at the company's AGM in Toronto on Tuesday. THE CANADIAN PRESS



India's outsourcing firms face U.S. backlash

Hewlett-Packard employees work at the company's Business Process Outsourcing centre in Bangalore, India, in this 2007 photo. For years, India's multibillion-dollar outsourcing industry skated over criticism that it was eliminating white-collar jobs in rich nations. Now, the industry's long-held fears of a backlash are being realized in its crucial U.S. market. Provisions in an overhaul of U.S. immigration law will close loopholes that allow outsourcing companies, both Indian and American, to pay guest workers in the U.S. at rates often below wages for equivalent-level Americans. THE ASSOCIATED PRESS FILE

Foreign workers program is meant for high-skilled positions, Carney says

Last hurrah. At his final appearance before the finance committee, BoC governor tackles variety of sensitive subjects



Mark Carney at a finance committee hearing, Tuesday. THE CANADIAN PRESS

Bank of Canada governor Mark Carney says the controversial temporary foreign workers program should not be used to drive wages down or to fill lower-skilled jobs.

Speaking to the Commons finance committee for the last time before his departure for London in June, Carney said the intent of the program is that it be used primarily to fill needs for high-skilled jobs tem-

porarily, until businesses can train Canadians to take over.

In a two-hour appearance Tuesday, Carney used the occasion to touch on a number of

politically sensitive subjects, including the government's move to increase tariffs on imports from 72 countries, the labour market, the Canada-U.S. price gap, and the contentious foreign-workers program.

The challenge of a skills shortage is not unique to Canada, Carney said, but the solution is training — not bringing

RBC outsourcing furor

- The foreign-workers program became a hot potato for the federal government after an outsourcing company doing work for the Royal Bank of Canada brought in foreign workers to do work that had been done by about 45 Canadians at the bank.

in temporary foreign workers. Contrary to some views, he added, Canada's labour market is among the most flexible in terms of mobility among industrialized countries.

THE CANADIAN PRESS

Market Minute



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It's like that Eagles anthem, Hotel California. "You can check out any time you like, but you can never leave."

So it's a one-way ticket to the Red Planet.

I don't know about you, but I've always wanted to go to Mars, I'm just not sure I want to be stuck there.

At first blush, it sounds romantic, but sometime



JUST SAYIN'

Paul Sullivan

metronews.ca

around year four, you might want to order in pizza or hit the clubs, and whaddaya know? No pizza parlours. No clubs.

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If you're that kind of person, Mars One is for you.

All you need to do is convince the Mars

One people that you're the best nutbar of all the nutbars applying for the nutbar job, plus you've got the \$33 registration fee. Deadline is Aug. 31, 2013.

Before you sign up, you should know that the average temperature on Mars is -55 C.

That will give applicants from Siberia and Canada the inside track. If you're from Novosibirsk or Winnipeg, it will feel just like home.

Other than thicker than normal heads or blood, applicants require no special skills, as they will spend seven years training and getting ready.

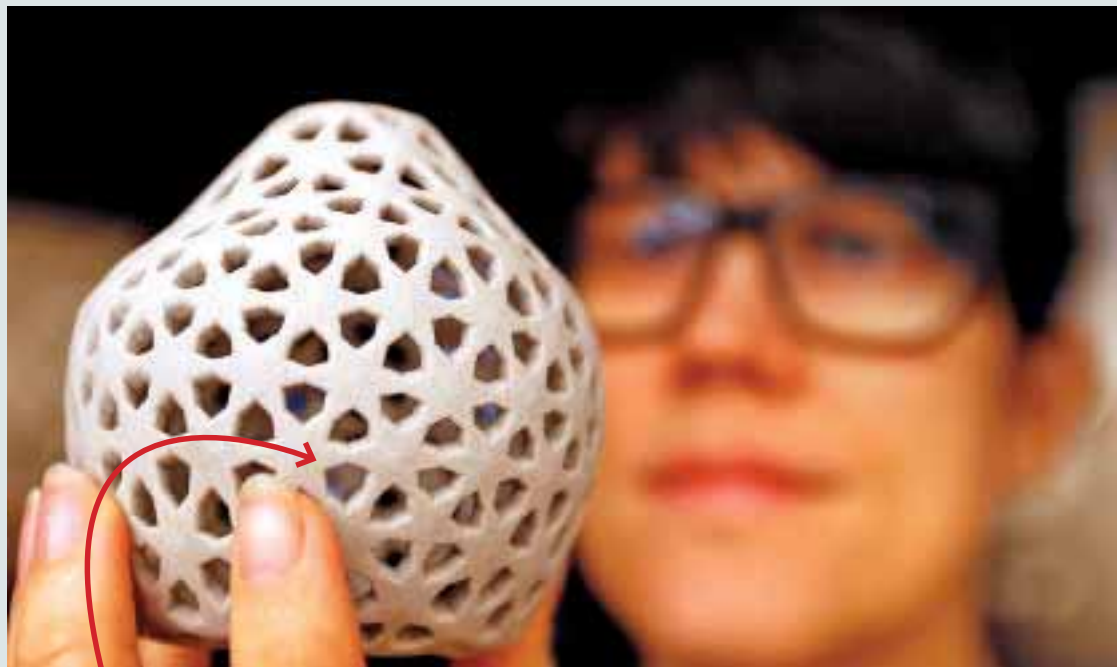
So, as you'd expect, the gallery of geeks featured on the Mars One website are all cut from the same cloth: basement-dwellers with bad facial hair. And that includes the women, with the clear exception of Ilona, 23, from Finland. You could almost imagine spending the next 63 years in a hermetically sealed bin with Ilona, who says she wants to devote herself to the good of mankind and enjoys the humour that comes from well-crafted subtlety.

Such as the prospect of being stuck on Mars with Jason, 24, from the U.S., who has an associate degree in welding and aspires to a bachelor's degree in welding engineering, for the rest of her life.

Somehow I think all this is going to end in tears. Too bad that on Mars, no one can hear you scream.

ZOOM

Would you like insects with that?



KIRSTY WIGGLESWORTH/THE ASSOCIATED PRESS

Tastes like chicken

Designer Penelope Kupfer displays a biscuit made from insect flour at the Wellcome Collection in London, England, on Tuesday.

The exhibition of illuminated, room-high insect traps, dramatic light projections of creepy crawlies and 3D printing of food made from bugs is a

new installation called Insects au Gratin which explores the benefits of eating bugs, as part of a new series called Who's the Pest? organized with Festival — the cultural organization dedicated to our relationship with insects and the natural world.

THE ASSOCIATED PRESS



Slimy yet satisfying

Have you ever imagined yourself on Fear Factor, eating bugs? The exhibit aims to expand our invertebrate consumption by suggesting that entomophagy (eating insects) is a sustainable solution to an

impending food crisis.

Apparently, insects can be nutritious: four grasshoppers provide the same amount of calcium as a glass of milk. And, by weight, dung beetles have more protein than beef.

The installation, which runs through May 5, allows guests to draw the shape of their food and experiment with 3D printing. METRO

Clickbait



HANNAH ZITNER

hannah.zitner@metronews.ca

If you haven't already experienced the amazingly awkward Experience Regina tourism video with its still shots of high school graduation, the 'snax' bar and a bikini-clad Prairie babe, check it out on YouTube. In light of the Queen City video's fresh press (though the video is from 2008) we've dug up more tourism fails (or works of genius) from the video-sharing site.



JENELLEBOYCE/Flickr

Woody Goomsba visits Leavenworth, WA:

"Shouting out to the centre of the state" certainly is done best to rap music with kilt wearing ladies grinding a wooden mascot named Woody Goomsba while Mrs. Goomsba looks on angrily.

Vancouver Tourism with Karen Campbell:

According to Vancouver Tourism's ancient video, Vancouver is the 'simply spectacular' land of mermaids, cow-

boys and retired tourists — and also, a lot of people wearing florescent crop tops. Can you find dancer Karen Campbell?

Pattaya Country:

OK, maybe not 'everybody' is dancing, but certainly this young Thai boy is getting his groove on in Pattaya, Thailand. But it seems like there's only enough for one dancer in this South Asian destination — as he steps back from provincial lines, his moves seem to go with him.

Comments

RE: How The World Will Change In 2043: We'll Turn Into Bots And Upload Our Memory, published April 22

I think those futurists are a bit looney and need to be taken back to the lunatic asylum for their meds. I'm sorry I might work in IT but I prefer keeping the hardware outside of my flesh. Uploading our memories to the Internet in a cloud-based system would be a bad idea. Would you want a hacker to be able to hack into your brain directly? As for people switching limbs out for

robotic limbs, I don't see that happening. If I hold hands with a girl I want it to be her physical hand not a metal plastic monstrosity unless she was in some sort of accident.

Taggart Romkey posted to metronews.ca

"Progeny of the oblivious"? Sorry but the future children you talk about won't be oblivious to their world just because their parents are. Look at the current youth generation difference and their parents which you also comment on. The apple does fall far from the tree, and then rolls off in another direction.

DaleWale posted to metronews.ca

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

Interview

The American dream, plus a lap dance or two

If anyone is living the American dream, it's Bar Paly. In the last few years, the Israeli actress and model has been landing increasingly bigger roles in TV and film, including parts in *How I Met Your Mother* and *The Starter Wife*, and in the film *A Glimpse Inside the Mind of Charles Swan III*.

So it seems fitting that her biggest project to date is a dark riff on the American dream. *Pain & Gain* is a true crime story about a group of bodybuilders (dubbed the Sun Gym Gang) doing bad things in mid 1990s Miami.

According to Paly, the story shows what happens when people try to skip hard work in pursuit of fortune.

"The moral of the story in the end is that greed is bad. There are no shortcuts (to success)," she says.

In the film, Paly plays a stripper with big ambitions of becoming a Hollywood star, and she admits it was intimidating walking onto a set with a list of big names.

"It was so overwhelming," she says. "First off, it's a Michael Bay set, and I know to him it's a small budget film, but it's the biggest thing I've ever done. And on top of that you have to act against Mark Wahlberg. I was trying to pretend that everything is cool, but inside I was screaming 'I'm reading lines with Wahlberg.'"

She credits Bay for putting her at ease by first shooting scenes where she didn't have to talk.

"In the first few days he gave me the scenes where I didn't have to actually talk too much, it was more the lap dance and sex scenes," she says, laughing. "It was like, 'Hi, nice to meet you Mark Wahlberg, now here's my hair in your face while I give you a lap dance.'"

LIZ BROWN/
METRO



Robert De Niro and Diane Keaton star as a divorced couple in *The Big Wedding*. HANDOUT

Nuptials often turn nasty going down theatre aisles

The Big Wedding. The latest big screen effort is just one in a long line of movies where hilarity and horror dominate the story

Famous quotes

"Don Corleone, I am honoured and grateful that you have invited me to your home on the wedding day of your daughter. And may their first child be a masculine child."

Luca Brasi

In the famous wedding scene in *The Godfather*



IN
FOCUS
Richard Crouse
scene@metronews.ca

In *The Big Wedding*, a long-divorced couple, played by Robert De Niro and Diane Keaton, pretend to be happily married at their adopted son's wedding for the benefit of his biological mother.

Hijinks ensue, but like all movies with the word "wedding" in the title, audiences don't buy a ticket for the shenanigans. They go to see the ceremony.

Anything that happens before the walk down the aisle is window dressing, the jour-

ney that gets the audience where they really want to be — at the altar.

The famous wedding scene in *The Godfather* — including the much-quoted Luca Brasi line, "Don Corleone, I am honoured and grateful that you have invited me to your home on the wedding day of your daughter. And may their first child be a masculine child," — featured many Staten Island Italian-Americans as extras.

They were invited to the set to enjoy homemade wine, traditional Italian food and enjoy themselves as though it were a real wedding.

Inspiration for the film

Four Weddings and a Funeral came when writer Richard Curtis realized he had been to 72 weddings in 10 years.

The movie, about a confirmed bachelor who discovers love, made an international star of Hugh Grant, who won the role after auditioning with a tape from when he was best man at his brother's wedding.

Both those films, plus others like *Wedding Crashers*, *My Big Fat Greek Wedding* and *Fiddler on the Roof* feature wonderful wedding scenes. But what about when nuptials turn nasty?

Who could forget Mr. Robinson howling, "You punk!

You crazy punk! I'll kill you!" at the lovesick Benjamin (Dustin Hoffman) in *The Graduate* after he interrupted the wedding of Elaine Robinson (Katharine Ross) to another man? Elaine leaves her intended at the altar, running off with Ben to an uncertain future, creating one of the classic endings in movie history.

In *Runaway Bride* Richard Gere plays a reporter investigating the story of Maggie Carpenter, a serial bride who has had multiple disastrous weddings, leaving three men at the altar. "Always a bride," she says, "never a bridesmaid!"

The biggest bummer wedding in movie history has to be in *Kill Bill Vol. 2*.

"How it happened, who was there, how many got killed and who killed them, changes depending on who's telling the story," says *The Bride* (Uma Thurman). "In actual fact, the massacre didn't happen during a wedding at all. It was a wedding rehearsal."



Amanda Bynes

ALL PHOTOS GETTY IMAGES

Bynes gets her gym membership revoked for smoking pot

Amanda Bynes' outlandish behaviour reportedly got her kicked out of her New York City gym this weekend when she was caught smoking marijuana in the women's locker room, according to RumorFix.

Management at the Planet Fitness location even went so far as to revoke Bynes' membership.

"Planet Fitness does not allow lunks to work out here, and especially no weed-smokers," a staff member tells the site.

Bynes of course denies the allegations, telling RumorFix, "I don't smoke in the bathroom. I also don't smoke pot, I smoke tobacco."



Selena Gomez

Gomez's friends furious over latest reunion

As Selena Gomez's reunion with Justin Bieber appears to be heating up — the pair have reportedly been spotted holding hands, hugging and kissing during their European rendezvous — her friends are getting nervous.

"Selena's friends are furious that she's giving Justin another chance," a source tells Radar Online. "They've been trying to warn her that he's no good for her and that she should stay away from him, but she just loves the attention he gives her."

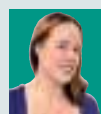
METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



I got your nose, Ryan, do you love me now?



THE WORD

Dorothy Robinson
scene@metronews.ca

Ryan Lochte is having a hard time finding love.

"I haven't been in a relationship in a year," the Olympian and star of the new reality TV show What Would Ryan Lochte Do? tells the new issue of In Touch. "Every time I date someone, I end up getting hurt."

The problem, it seems, is that he doesn't know if women are after his giant

brain (this is the man who wore a fake grill on the Olympic podium and coined the catchphrase "Jeah!" so by "giant brain" I might be using slight sarcasm) or for his public persona.

"I don't know if they're just after my fame and money or if they like me for who I really am."

But if he could find someone he really does like, what is he looking for?

"A girl that's fun, classy and sweet who I can have a conversation with," Ryan says.

"If she can make me smile and laugh, I'm sold!" My advice for his next potential love interest? Pretend to take his nose. He would be so enamored of your magical powers, you'd be unstoppable.



Tara Reid

Reid rep denies drunken dispute

Tara Reid apparently takes her savings seriously, as the American Pie star was reportedly thrown out of an All Saints store in L.A. for throwing a tantrum after being denied a discount, according to the New York Post.

"She was screaming," a source says. "She had to be escorted by security. She seemed drunk."

A rep for Reid challenges that assertion.

"She was definitely not drunk. People love to say Tara's hammered and this and that."

As for why Reid would be so miffed over not getting a discount? "Tara gets a huge discount with All Saints in the U.K. and Paris because she's a walking billboard."

Twitter



@mcgregor_ewan

I'm so happy to be in a city. Melbourne I think I love you.



@chriscolfer

Hearing the Paramount security guard call me a "sneaky ninja" just. made. my. life!



@CraigyFerg

The grass is greener in LA cause we paint it.

Can't a girl take off her engagement ring?

Despite indications of trouble between Miley Cyrus and Liam Hemsworth, the pair are "still engaged," according to E! News.

"They live together. The wedding is not off," a source says.

"You can't postpone a wedding that never had a date in the first place. Their plan all along was to wait a couple of years before even thinking about a date."

As for the eyebrows Cyrus has raised by stepping out multiple times without her engagement ring?

"She just doesn't wear it sometimes," the source adds. "People shouldn't read too much into that."



Miley Cyrus and Liam Hemsworth

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In the land of Disney, the princess always reigned supreme. However, though Sleeping Beauty's Castle, the Bibbidi Bobbidi Boutique and those ever-popular princesses may get a lot of the attention, Disneyland and California Adventure offer a pixie dustless world for the guys in your life too — all in time for Father's Day in June.

METRO WORLD NEWS

Four things for the boys in Disneyland

Cars Land

Route 66 comes to life for plain-old cars and animated Cars lovers alike. California Adventures' newest attraction is set in the world of Radiator Springs, where characters from the animated movie motor down Main Street. Rides include Luigi's Flying Tires, a modern floating-on-air version of bumper cars and Mater's Junkyard Jamboree, where tractors whip and spin you around. The highlight is Radiator Spring Racers, which takes you on a leisurely car ride through a wind-carved setting before drag racing your way to the finish line.

Don't miss: Characters from the animated film regularly park near the Cozy Cone Motel to have their photos taken.



Star Tours

Ask a 30- or 40-something father what his favourite movie was growing up — then ask his son the same question — and the likelihood is they may have the same answer: Star Wars. With Disney taking over control of the series, there may be more themed rides in the future. Until then, Star Tours is still the place in Disneyland to enjoy a ride through the galaxy while using the force to avoid the black-gloved wrath of Darth Vader. The 3D ride takes you on a Starspeeder, cruising at light speed through George Lucas' sci-fi universe.

Don't miss: A Jedi Training Academy takes place daily at the Tomorrowland Terrace, where kids are shown how to use lightsabers.



Pirates of the Caribbean

This is one of the original rides at Disneyland — long before Johnny Depp swaggered his way through the films as Captain Jack Sparrow. And there's a reason why Pirates has always been popular: it's fun. The boat ride starts in the calm Louisiana Bayou but soon takes you deep into the dark world of hidden treasure, sea battles, and the pirate-terrorized town of Puerto Dorado. It may sound scary, but it has a number of light-hearted moments to tame the pirate terror.

Don't miss: Captain Jack Sparrow makes a number of appearances during the ride, so keep your eyes peeled for him.



Pirate's Lair on Tom Sawyer's Island

Located in a man-made lake on the edge of Frontierland, the island is a giant playground for kids of all ages. A river raft ferries you from the main park across to the island, where dirt trails lead you to hidden caves, hilltop forts, wood and rope bridges and pirate's treasures.

Don't miss: Take a boat ride around the island on the Mark Twain, a 1900s paddleboat, or aboard the pirate ship Columbia.



Looking for more Disney vacation ideas? Metro's Elisha Dacey is currently at Disneyworld in Florida with Breakfast Television and Cityline's recent contest winners. Check out her blog at



The whole **world** is waiting

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Lasagna gets an under the sea makeover — shrimp and all



ROSE REISMAN
for more, visit
rosereisman.com or follow
her on twitter @rosereisman

You can use any combo of fish you like in this creamy lasagna, but I like shrimp for its sweet flavour and firm texture. Don't use a fish that's too delicate or it will fall apart.

1. Preheat the oven to 375 F. Spray a 13- by 9-inch baking dish with cooking oil.

2. To make seafood mixture, heat the oil in a non-stick skillet over medium heat. Sauté the garlic, bell pepper and leeks for 5 minutes or just until tender.

3. Add the seafood and sauté until the fish is opaque, approximately 3 minutes. Pour off any excess liquid. Set aside.

4. Combine the flour, stock, milk and mustard in a non-

stick saucepan and stir until smooth. Simmer over medium heat until just thickened, approximately 4 minutes, stirring often. Stir in the dill, pepper and the seafood mixture. Remove from the heat.

5. For cheese mix, combine ricotta, 3/4 cup of cheddar, Swiss and Parmesan cheese in a small bowl, mixing well.

6. To assemble, place 3 lasagna noodles in prepared baking dish. Spread 1/3 of seafood mix over top, then 1/2 of cheese mix. Repeat for second layer. Top with remaining 3 lasagna noodles and remaining seafood mix. Sprinkle the remaining 1/4 cup cheddar cheese over the top. Cover with foil and bake approximately 30 minutes, removing the foil for the last 10 minutes of baking time. Allow to rest for 5 minutes before cutting and serving. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

Ingredients

- 1 tsp vegetable oil
- 2 tsp crushed fresh garlic
- 2/3 cup diced red or green bell pepper
- 2/3 cup diced leeks or red onion
- 1 lb seafood, cut into small pieces
- 1/4 cup all-purpose flour
- 1 cup seafood or chicken stock
- 1 1/4 cups 2 % evaporated milk
- 1 tsp Dijon mustard
- 1/3 cup chopped fresh dill or 1 tbsp dried
- Pinch ground black pepper
- 1 1/4 cups smooth light ricotta
- 1 cup shredded cheddar cheese
- 1/2 cup shredded Swiss cheese
- 1/4 cup grated Parmesan cheese
- 9 cooked lasagna noodles

Creamy Seafood Lasagna with Leeks and Bell Peppers



This recipe serves 10. It contains 345 calories and 12 g fat per serving. **MARK SHAPIRO, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)**

Drink of the Week

Thyme and Ginger Sour

An ideal mix of savoury and sour, this drink is perfect for a casual evening in with friends. It's easy to make and looks great, too.

- 2 oz Luksusowa
- 2 oz fresh lime juice
- 1/2 oz simple syrup
- 2 oz ginger beer
- fresh thyme to garnish

Shake Luksusowa, lime juice and syrup with ice and pour into a rock glass. Top with ginger beer and garnish with fresh thyme.

COURTESY OF NISHAN NEPULANGODA, MIXOLOGIST AND BAR MANAGER, BLOWFISH/ PHOTO BY YBIMC



Starchy, crunchy, flavourful: Fried Rice & Pickled Radishes

1. Heat a large nonstick skillet over medium-high. Coat the pan with cooking spray.

2. In a small bowl, lightly beat the eggs. Add a pinch of salt and some pepper to the eggs, then add them to the pan. Tilt the pan to spread the egg all around to make a flat pancake. Cook for 30 to 45 seconds, or until almost set. Turn over the

egg (you can cut it in a few pieces to make it easier, using the side of a nonstick pan-safe spatula) and cook for another 10 seconds. Transfer the egg to a cutting board.

3. Add 1/2 tablespoon of the oil to the pan. Once the oil is hot, add the onion. Reduce the heat to medium and cook, stirring occasionally, until the onion is

lightly golden, about 3 to 5 minutes. Add the shrimp and cook, stirring, until almost cooked through, about another 3 to 5 minutes. Add the garlic and ginger and cook, stirring, for 1 minute. Transfer the mixture to a bowl and return the skillet to the heat.

4. Add the remaining 1 1/2 tablespoons of oil to the skillet, then add the rice, pressing it flat with the back of the spatula. Cook until the rice is slightly crispy, turning it over with the spatula, about 8 to 10 minutes.

5. While the rice is cooking, in a small bowl combine the radishes, vinegar and salt to taste. In a small bowl combine the soy sauce, sake and sesame oil. Chop the egg and add it along with the peas and sugar snap peas to the bowl with the shrimp.

6. When the rice is nicely crisped, add the contents of the shrimp bowl and the soy sauce mixture to the skillet and cook, stirring, until the mixture is

Ingredients

- 2 eggs
- Kosher salt and black pepper
- 2 tbsp canola oil, divided
- 1 cup finely chopped onion
- 1/2 lb peeled and deveined raw shrimp
- 2 garlic cloves, minced
- 2 tsp grated fresh ginger
- 3 cups cooked brown rice
- 2 cups coarsely shredded radishes (about 10 large radishes)
- 2 tbsp seasoned rice vinegar
- 1 tbsp low-sodium soy sauce
- 2 tbsp sake or dry sherry
- 2 tsp sesame oil
- 1 cup blanched fresh or thawed frozen peas
- 1 cup blanched sugar snap peas, cut into 1/2-inch pieces

heated through. Transfer the fried rice to 4 bowls and top each portion with some of the radishes.

THE ASSOCIATED PRESS/SARA MOULTON, AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.

Dinner. Honey Garlic Surf 'n' Turf Kebabs



1. Place steak chunks in large shallow dish. Pour all but 1/3 cup (75 ml) of honey garlic sauce over steak, turning so that meat is well coated. Cover and marinate in refrigerator for at least one hour or for up to 4 hours. Remove from the fridge and let stand at room temperature for 30 minutes.

2. Remove meat from marinade; discard marinade. Thread steak, shrimp, zucchini, cherry tomatoes and onions onto 8 metal skewers.

3. Spray grill with Pam Grilling Spray; heat to medium-high heat. Grill skewers, basting occasionally with remaining honey garlic sauce, turning once, until meat is medium-rare and

shrimp are opaque, about 12 minutes. Make sure to keep grill covered when not basting. **NEWS CANADA/ VHSAUCE.SA**

Ingredients

- 1 lb (500 g) grilling steak (rib eye, sirloin) cut into 32 large chunks
- 1 jar (341 mL) VH honey garlic sauce
- 1 lb (500 g) jumbo shrimp (about 16), peeled and deveined
- 1 zucchini, cut into chunks
- 1 cup (250 mL) cherry or grape tomatoes
- 1 large red onion, cut into wedges
- Pam Grilling Spray



This recipe serves four. **MATTHEW MEAD/ THE ASSOCIATED PRESS**

Want an insurance job? Shine your shoes

Jobs. What to expect, how to prepare, and how to follow up after your big interview

CASSANDRA
JOWETT
TalentEgg.ca

If you really want to impress an insurance employer in a job interview, it all comes down to one thing: always be prepared.

One of the biggest mistakes students and recent graduates make is coming in unprepared, says Trevor Buttrum, Career Connections (career-connections.info) program manager at the Insurance Institute of Canada. Being unfamiliar with the company, being unable to make connections or draw parallels between your experience and the role, or showing up late are the three biggest insurance industry job interview don'ts, he adds.

Keep reading to find out what to expect during, how to prepare for and how to follow up after your next job interview with an insurance employer:

What to expect

Most interviews for insurance jobs involve a two-step process:

The telephone screen

The process may start with a telephone screen conducted by a recruiter in the company's human resources department. "The telephone screen is designed to confirm that you meet the criteria for the position, establish your understanding of the role, and get a sense of your

style or approach," Buttrum explains.

The in-person interview

If you meet the requirements of the telephone screen, it will usually be followed by one or two in-person interviews that may now include the hiring manager and other colleagues involved in the process. "Don't let it throw you if it is a panel interviewing you — these are now common place!" Buttrum says.

The in-person interviews will most likely be behavioural or competency-based, he says. "Think, 'Tell me about a time when...' or scenarios that get at how you might handle various aspects of the job. The employer is looking for you to make connections between what you have done and how it will help you to be successful in your potential new role."

How to prepare

Find out what you'll need

When you're invited for the interview, whether it's by phone or email, always ask if there's anything that you should bring. Here's why:

"I once had an employer say, 'Good thing you asked, I almost forgot to mention that we would like to see an example of a presentation you have developed. Could you supply us with a version on a USB key?'" Buttrum recalls. "I would have never just 'had one on hand' in an interview."

Know yourself

In a job interview situation, knowing exactly how your education and experience will benefit the employer and the



Think you can just wing it during your next job interview? Think again.

role you've applied for is half the battle.

Ideally, you've already determined this in order to tailor your resumé and apply for the job in the first place, but if not, learn as much as you can about the role and map out how you fit the bill, Buttrum says.

Practise your answers to typical job interview questions

What was your role? (five per cent of your answer).

- Action — How did you do it? What steps did you take? (70 per cent of your answer).

- Result — What happened? What was the outcome (20 per cent of your answer).

Do your research

How much do you know about the company, its business, core values and any other unique aspects to it?

"Web research, reading trade publications, checking out examples of their consumer marketing and talking to industry professionals are great ways to gain these types of insights," Buttrum explains.

"This information enables you to further tailor your answers to the employer's questions and might help you develop some of your own."

Dress for success

"Insurance is a traditional industry and, although business casual is becoming the norm for day-to-day in the workplace, it is suggested that you go business formal for the interview," Buttrum advises.

What does that mean? "Suit jackets, blazers, pressed pants, blouses, collared shirts, ties, nicely-shined shoes and knee-length skirts are what come to mind," he adds.

How to follow up

Should you or shouldn't you? When and how often? These are all questions that tend to plague students and recent graduates following their job interviews.

"Before you leave the interview, ask what the next steps

What to bring to the interview

- Printed copies of your resumé, both for your reference and in case they don't have one.
- A notebook and pen so you can take notes.
- Your references, printed on a single sheet, in case the employer would like to review or contact them following your interview.

are in the process and when the employer anticipates moving forward in their decision making," Buttrum recommends. "Keep this date in mind and use it as a temperature gauge for when to follow up next."

From there, don't push too hard. "Like any relationship, high frequency or intensity followup can send the wrong message," he says, adding that the process may be taking slightly longer than expected, hiring may not be the person's primary responsibility and other priorities may have arisen since your interview. "Be sure to give the employer a little leeway."

Frame your followup as checking in to see where they are in the process rather than asking whether or not they have reached a decision, and let the employer know you are happy to answer any questions or provide additional information which might support the process, Buttrum advises.

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Write the best resumé for an insurance job

Drawing attention.

A few tips on using your resumé to introduce yourself to a potential employer

CASSANDRA
JOWETT
TalentEgg.ca

When writing your resumé, what's your ultimate goal? To get a job?

If that's the case, then you probably have the wrong purpose in mind.

Your resumé is just one of many steps you may take toward getting an insurance job. The real goal of that piece of paper should be to get an interview with the employer.

After all, your resumé is simply an opportunity to introduce yourself to a potential employer and, for the first time, draw their attention to your education, qualifications and experience. Your resumé should also demonstrate how you meet the employer's needs and are the best candidate for the specific position that you are applying for.

Follow these tips, provided by Career Connections (careerconnections.info), a division of the Insurance Institute, to avoid any risk of missing out on the next insurance job you apply for.

Before you start

Sure, it's easy to whip up a re-



Your resumé is the first step toward getting an interview. ISTOCK IMAGES

sumé and fire off a dozen or so job applications each day. You might think that the numbers will be on your side, but the truth is employers notice when you do this. Before applying for any insurance job:

- learn more about the insurance industry.
- research each company and job carefully.
- make connections at insurance industry events and online, and try to set up informational interviews.
- develop a strategy for responding to the needs of the hiring manager.
- create a unique resumé for each job you apply for.

Insurance resumé dos and don'ts

- Do
 - Keep it concise — no more than one or two pages.
 - Make it easy to read — use

at least 10 point font.

- Use either a chronological (reverse timeline) or functional (experience-based) format.

- Put your name and contact information front and centre on all pages, including a professional email address (firstname.lastname@mail.com) and phone number with voicemail.

- Include an objective and a professional summary, plus details about your education and work and volunteer history.

Don't:

- Use industry-specific slang, jargon or acronyms if you can avoid it.

- Include references to your age, gender, ethnicity, religion or political affiliation, sexual orientation or Social Insurance Number (SIN).

- Forget to include accomplishments rather than tasks.

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Five ways to choose an employer

As a student or recent graduate who wants to hatch a career in insurance, it can be tempting to apply to any and all insurance employers that are hiring. But not every employer offers the same experience. Here are five strategies for choosing the insurance employer that is right for you:

CASSANDRA JOWETT

TalentEgg.ca

Looking for a place to fold your umbrella and drop your briefcase? There are a few things to consider first. ISTOCK



Company size

There are more than 200 employers in the insurance industry, some with more than 5,000 employees and some with as few as five employees. They operate in major cities, like Toronto, Calgary and Vancouver, and in small towns across the country. Company size may be a consideration for you if you're looking for a close-knit family environment (smaller) or the opportunity to work in a number of different departments and locations (larger). Many insurance employers will mention how many employees they have on their TalentEgg profile, LinkedIn profile or on their corporate website in the About Us or Careers sections.

Insurance niches

Insurance can cover everything from vehicles and homes to health and pets, casinos and churches, and everything in between. While many of the large insurance companies offer a wide variety of insurance policies, there are some that specialize in certain industries or types of risk.

If your experience, expertise or interest lies in one of those areas, it may help you narrow down which employer to start your career with.

The National Insurance Marketer is designed to help Brokers look for markets for their specialty, niche and non-standard risks.

Support for professional development

As an aspiring insurance professional, you're probably eager to put a few letters after your name, such as CIP, CAIB or CRM, just to name a few (that's Chartered Insurance Professional, Canadian Accredited Insurance Broker or Canadian Risk Management for those not in the know). Perhaps you even want to pursue an MBA or post-graduate certificate related to insurance part-time while you work. No matter what your professional development plans are, it's essential that your employer is, at the very least, morally supportive of your endeavours.

Community work and social responsibility

At the end of the day, insurance companies are for-profit businesses and many of them are very profitable — it's one of the reasons why the insurance industry is such a stable place to start a career.

Most insurance employers make it a priority to find ways to invest those profits back into the communities in which they operate through employee volunteer work, fundraising and charitable donations.

Check out the Corporate Social Responsibility or Community sections of companies' websites.

The people

Current employees are invaluable sources of information. After all, they already know exactly what it's like to work for their employer and can tell you everything you won't find in a job listing or corporate website. Plus, if you get along well with some of the people who already work there, chances are you'll have no trouble fitting in. Meet insurance professionals on your campus. Real insurance professionals working for dozens of different employers often volunteer their time to speak with students about career opportunities in the industry.



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LOYAL RELATIONSHIPS

FLEXIBLE PLANS MAKE POINTS PROGRAMS ATTRACTIVE TO CANADIAN CONSUMERS

Canadians truly love loyalty programs. The 2011 Colloquy Loyalty Census revealed 120.7 million loyalty memberships in this country — impressive, given that there are less than 35 million Canadians. Canadian Tire money, a proto-points program conceived by the appropriately named Muriel Billes, has been going strong since 1958.

To what do we owe this loyalty to loyalty? You might argue that Canadians aren't the most rebellious people. You might argue that we love a deal — though many countries have more ferocious bartering cultures than ours. It's probably a bit of both. But what makes loyalty programs most attractive for Canadians is their flexibility.

Choice. Options. Big concepts, expressed in a small, but meaningful way through programs from WestJet, Air Miles, Aeroplan, Shoppers Optimum, PC

Points, and hundreds more from banks, credit card companies and other organizations. Some of these programs let you accumulate points for years, if you wish — saving up for that big-ticket item you have dreamed about. What makes that trip or product so special says a lot about you.

How you earn your points says a lot, too. You do it by being you — by shopping at the places you like to shop, buying the things you like to buy. You can build points by choosing credit, like the Target RBC MasterCard, instead of cash, or by using online retail instead of the traditional kind. Maybe the loyalty program itself is one of the reasons you are shopping there, but these days, almost every vendor has a program of some kind — this is Canada, after all.

Your lifestyle, needs, and personal choices inform how you build points,

and how you redeem them.

Aeroplan, for example, allows you to redeem your points not just for plane flights, but other travel-related products and services, such as luggage and car rentals; and even items that have nothing to do with travel, like home furnishings and power tools. You can even donate to charity. While the range of products offered by bookstores, grocery stores or theatres may not be that wide, they are certainly varied enough to suit many tastes.

These are our points — we earned them. And what we do with them is up to us.

— Chris

Edwards



Richness is:

catching my breath.



The New Scotiabank® Gold American Express® Card.

Earn travel rewards 4x faster¹ at gas stations, grocery stores, on dining and entertainment, so you can take those meaningful trips even sooner. Get started with 15,000 bonus travel rewards points².

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¹ You will earn 4 points per \$1 on the first \$50,000 in purchases made annually at American Express merchants classified in the American Express network as: Gas Service Stations and Automated Fuel Dispensers; Grocery Stores and Supermarkets; Eating Places and Restaurants, Drinking Places, Fast Food Restaurants; and Entertainment including Motion Picture Theaters, Theatrical Producers, Ticket Agencies, Bands, Orchestras and Miscellaneous Entertainers. Some merchants may sell these products/services or are separate merchants who are located on the premises of these merchants, but are classified by American Express in another manner, in which case this added benefit would not apply. You will earn 1 point per \$1 on purchases made after you have reached the 4 points per \$1 \$50,000 annual spend maximum and on all other purchases made with the Card.
² The 15,000 Scotia Rewards bonus points are awarded when you use your Scotiabank® Gold American Express® Card for a purchase within two months of open date and provided the account is open and in good standing. The points will appear as an adjustment on your Scotiabank® Gold American Express® Card statement within two statement cycles of your first Card purchase. Offer applies to new accounts opened by October 31, 2013.



This vacation will be even more rewarding than usual. Hurry. Last chance to earn triple WestJet dollars®.*

WestJet Vacations always offers you complete vacation packages – great flights, amazing hotels and fantastic deals. But now, until the end of April, they come complete with a bonus. Book your WestJet Vacations package early for great deals and receive triple WestJet dollars.*

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Hurry, offer ends soon.

Book by: April 30, 2013

Travel until: October 31, 2013

Book at westjetvacations.com or call your travel agent.



*Offer is valid on a WestJet Vacations booking made between April 4 and April 30, 2013 (11:59 p.m. MT) inclusive, for travel from April 4, 2013 until October 31, 2013 inclusive. New bookings only. Not valid on group bookings. Available to WestJet Rewards members only. To join, visit westjet.com/rewards. Reward member's 9-digit WestJet ID must be included on the booking prior to travel. Eligible spend and collection of WestJet dollars cannot be divided between multiple WestJet Rewards members. WestJet dollars amount awarded is subject to member's annual qualifying spend in the program and associated earn rate on WestJet Vacations packages at the time of posting. Taxes, fees and charges are not eligible for accrual. Bonus WestJet dollars have no cash value. All other program terms and conditions remain in effect. Offer is subject to change without notice. See westjetvacations.com for full offer details. ®Registered trademark of WestJet Airlines Ltd. WestJet dollars is a registered trademark of WestJet Airlines Ltd.



CONTRIBUTED

WESTJET PROGRAM AS GOOD AS CASH

'DOLLARS' CAN BE SPENT ON FLIGHTS OR VACATIONS

It pays to fly WestJet. Literally.

By enrolling in the WestJet Rewards program, you can earn up to 2.5 per cent in WestJet dollars for every WestJet flight or WestJet Vacations package you enjoy. Then you can use those WestJet dollars to purchase future flights or vacation packages. At WestJet, they are as good as cash.

The program works because it's simple.

"Our currency isn't miles or points," says Robert Palmer, manager, public relations. "If you have 300 WestJet dollars in your rewards account, you have the equivalent of \$300 Canadian dollars you can spend with us. No mental gymnastics required."

It's flexible, too. WestJet dollars can be spent on any vacation package or flight the carrier operates, even during seat sales. There are no blackout periods or limited seating. So long as the flight is a new booking, you can use your WestJet dollars to reduce its cost. Like most loyalty programs, WestJet dollars do not cover taxes, fees and charges, but you can use any amount to cover the base fare, starting

with as little as 25 WestJet dollars.

As a member of WestJet Rewards, you will earn progressively more WestJet dollars per total spent on WestJet flights in a given year. When your spending reaches certain milestones, WestJet offers bonuses, such as a Jet-Away package, including a companion flight, lounge passes, and more.

You can also build up WestJet dollars by making purchases with one of two WestJet RBC MasterCard. Cardholders earn up to 1.5 per cent back on any purchase they make — unless they are spending on flights or vacation packages with WestJet, in which case they will earn up to two per cent. New applicants receive a welcome bonus of up to 250 WestJet dollars when they make their first purchase with the card. Holders of the WestJet RBC World Elite MasterCard also receive an annual \$99 round-trip companion flight (excluding taxes, fees, and charges), which can be used anywhere WestJet flies within Canada or the contiguous United States.

"The program continues to grow and evolve, offering additional value to our guests," Palmer says. "It's not just about loyalty — it's about working to earn your business every day, then rewarding you for being our guest."

For more about WestJet Rewards, visit westjet.com/rewards.



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ISTOCKPHOTO/THINKSTOCK

LOYALTY HAS ITS REWARDS

DIFFERENT RBC INITIATIVES OFFER A BREADTH OF CHOICE

There once was a time when travel rewards programs were anything but consumer friendly. Fortunately, those days are well behind us.

"With the RBC Rewards program, we put the needs of our customers first," says Donna Lue-Atkinson, RBC's vice-president of global loyalty programs and rewards.

"We recognize the value of flexibility and treating every client as a unique individual. We also want the experience to be easy for clients to use and offer them the range of choice they're looking for in a rewards program."

To demonstrate this breadth of choice, Lue-Atkinson points to different initiatives within RBC Rewards.

"Some people want a highly personalized travel service. For those clients, we have a strategic relationship with Carson Wagonlit Travel. Our customers visit one of their store locations or call in and get the full-service approach they're seeking, redeeming their points at point of sale. Other clients prefer self-service, and for those clients, we have a partnership with Travelocity, a one-stop end-to-end online experience. Customers can book their air travel, car rental, cruises, hotels and more online."

Today's rewards programs don't start and end with travel, however.

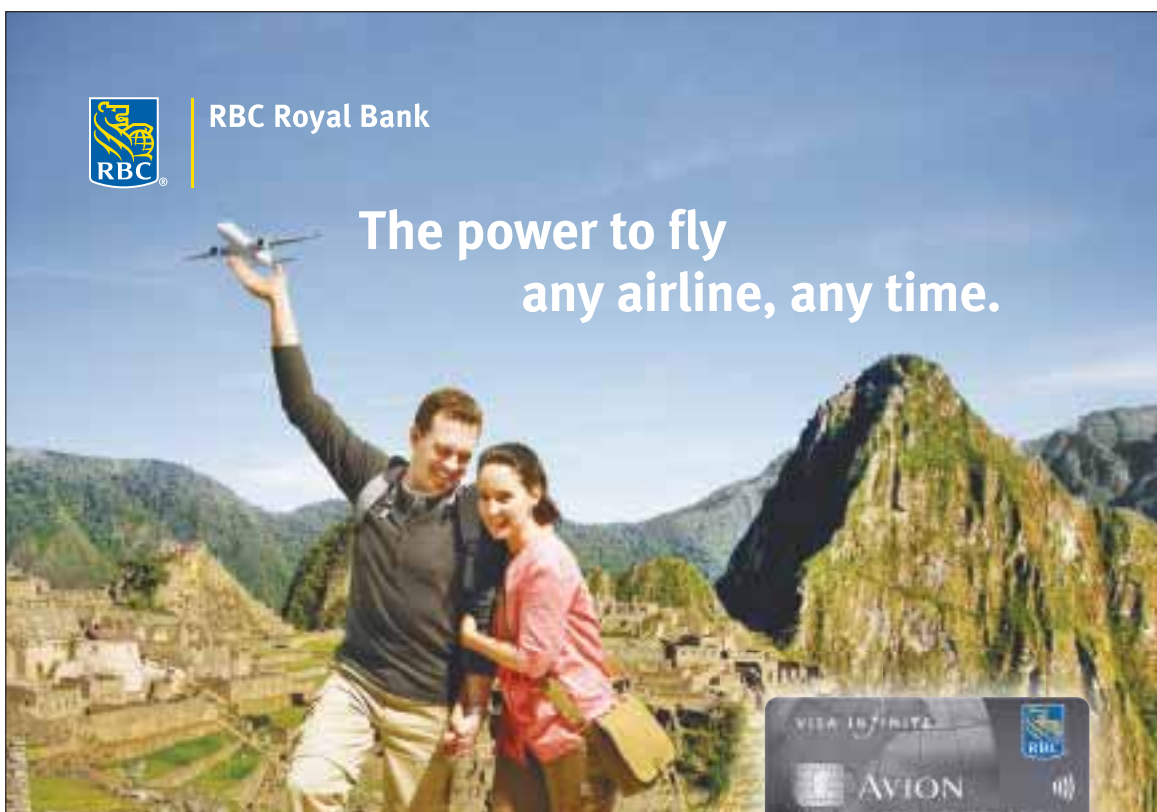
"In December 2012, RBC Rewards launched eMall on our website to address the growth of online shopping," Lue-Atkinson says. "Through this portal on our site, consumers can access more than 250 retailers, including Apple, Hudson's Bay, Indigo Books & Music, Gap and Old Navy. By using their RBC Rewards credit card to make purchases, clients get one extra point for every dollar they spend above and beyond their regular rewards."

"Clients can also redeem points for RBC financial products, converting reward points to top up an RBC RRSP or to pay down an RBC loan or line of credit. It's another way our customers can use points to extend their purchasing power."



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Washington Capitals forward Jason Chimera, right, celebrates his goal with Mathieu Perreault against the Winnipeg Jets on Tuesday in Washington. The Capitals won 5-3, clinching the Southeast Division title in the process. NICK WASS/THE ASSOCIATED PRESS

Washington caps major turnaround

NHL. Capitals win Southeast Division title with victory over Jets; Winnipeg's playoff hopes on life-support

Considering how they started, it's quite the achievement that the Washington Capitals got to the playoffs with time to spare.

The Capitals clinched the Southeast Division title Tuesday night, completing a stark turnaround in a lockout-shortened season with a 5-3 win

over the Winnipeg Jets.

The Capitals blew a two-goal lead, survived a pair of replay reviews and exhaled deeply when defencemen John Erskine cleared two shots off the goal-line. They also had to kill off a power play with a one-goal lead late in the game, but they held on to win for the 10th time in 11 games and secure a post-season berth with two games remaining.

Alex Ovechkin scored his league-leading 31st goal — an empty-netter in the final minute — and Matt Hendricks, Jason Chimera, Nicklas Backstrom and Mathieu Perreault also scored, while

On Tuesday

5

Capitals

3

Jets

Braden Holtby made 24 saves. The Capitals were next-to-last in the Eastern Conference as recently as March 21, but Ovechkin and first-year coach Adam Oates have led them to the playoffs for the sixth consecutive season, a run that includes five Southeast titles.

As the winner of the division — albeit the weakest division in the NHL — Washington will leapfrog several teams with better records and enter the playoffs as the conference's No. 3 seed.

The loss keeps the Jets in ninth place in the East, one spot away from the playoffs but with slim chances of moving up because they have only one game remaining. The Ottawa Senators, in eighth place at the start of Tuesday's play, have three games left.

Evander Kane, Blake Wheeler and Nik Antropov scored for the Jets.

THE ASSOCIATED PRESS

Draft in New York City

NFL beefs up security following Boston bombings

The NFL is increasing security for this week's draft at Radio City Music Hall, with everyone subject to screenings, including use of metal detectors and pat-downs, and searches of personal property.

Even league officials, players and their families will be subject to such measures.

The league said Tuesday that spectators who don't consent to the security requirements will be refused admission. The draft begins Thursday night and has sessions Friday night and Saturday afternoon.

All sports events have ramped up security since the Boston Marathon bombings last week.

THE ASSOCIATED PRESS

MLB

Blue Jays can't dig out of 4-run hole

Manny Machado had two hits and two RBIs, and the Baltimore Orioles used a four-run second inning to beat R.A. Dickey and the Toronto Blue Jays 4-3 Tuesday night.

Miguel Gonzalez (2-1) allowed three runs in six innings for the Orioles, who have won nine of 13. By taking the first two games of the three-game set, Baltimore improved to 5-2 in seven series this season — including 4-1 against the AL East.

It was the 100th consecutive game the Orioles have won when leading after seven innings, a streak that began in August 2011.

THE ASSOCIATED PRESS

Stadium delays cost Bombers over \$700K



Winnipeg Blue Bombers' Steve Morley, left, and Kenny Mainor wave goodbye to the fans after the last game at Canad Inns Stadium on Nov. 3. THE CANADIAN PRESS FILE

Even a \$758,307 loss posted by the Blue Bombers last year couldn't keep Garth Buchko from being an optimist.

The team's president and chief executive officer announced Tuesday the CFL club had an overall operating profit of \$726,930 last year wiped out mainly because of delays in building the new \$200-million Investors Group Field.

Windy and frigid weather were factors in stadium development costs unexpectedly adding a \$1.05-million bill,

Hoping for better days

Last year's loss was a sharp turnabout from the 2011 financial report, which saw the Bombers take in \$3.01 million in net earnings from operations and an overall net profit of \$2.3 million.

- Team president Garth Buchko is hoping the Bombers can improve on 2012's 6-12 record because if they don't, it could cost the club in the pocketbook again.

while the team also took a \$434,287 hit for writing down Canad Inns Stadium assets that couldn't be taken to the

new 33,500-seat facility on the University of Manitoba campus.

"Looking back at 2012, it is

easy to identify the disappointments we experienced," Buchko said.

"However, at the risk of being called an optimist, which I certainly am, you can't build a world-class facility and team by focusing on the past."

Buchko, who was criticized last year for announcing opening dates for the new stadium then having to cancel games at the new facility all together in June, said its doors will open next month.

THE CANADIAN PRESS



Winnipeg skip Mike McEwen will have an opportunity to advance to the Winter Olympics by winning the Canadian Curling Trials — the Tim Hortons Roar of the Rings — at the MTS Centre in December.

THE CANADIAN PRESS/HANDOUT/SPORTSNET

McEwen hoping to be crowned king of Rings

Curling. Winnipeg skip likes his chances of emerging from stacked field as Olympian

Mike McEwen got a chance to experience the Olympics during an observer visit to London last summer.

He'll have an opportunity to make his next appearance at the Games as an athlete.

McEwen and five other men's skips have qualified for the Dec. 1-8 Canadian Curling Trials — the Tim Hortons Roar of the Rings — at the MTS Centre in Winnipeg.

Six spots in the women's draw have also been finalized with the four remaining berths (two men, two women) to be decided at a pre-trials event in November. The men's and women's winners of the trials will represent Canada at the So-

chi Games next year in Russia.

McEwen said he took advantage of an opportunity to go to the 2012 London Games when the Canadian Olympic Committee had a few observer spots available for curlers without world-level experience.

"The thing that stuck out for me I suppose was being in Canada House and all the family, friends and that kind of environment that's there for the athletes," McEwen said Tuesday on a conference call. "It's pretty electric when they're celebrating somebody that wins a medal on any given night."

"Just that feeling probably stuck out the most."

The 32-year-old Winnipeg skip earned a berth at the trials through the two-year Canadian Team Ranking System standings. It rewards teams for consistent play over an extended period of time.

"It finally feels like we're

getting to go to the show," McEwen said of his team. "I guess when you combine that with playing in front of the home crowd, we've all talked about it and we all get goose bumps thinking about it. It's going to be something that's probably a little bit indescribable."

Veteran skips Glenn Howard, Kevin Martin and Winnipeg's Jeff Stoughton all locked up berths in the trials well before last week's season-ending Grand Slam in Toronto. Three more spots were given to McEwen, Kevin Koe and John Epping from their results in the CTRS standings.

"I like our chances," McEwen said. "I like that in a lot of people's eyes we're a bit of an underdog. That's definitely a role that's not going to really hurt us. It's just going to take an amazing performance for whichever team actually (wins) at the end of the day."

THE CANADIAN PRESS

Eye-opening experience

While at the London Olympics, Mike McEwen watched some diving, beach volleyball and soccer while in London. He felt the sheer scope of the Games was an eye opener.

• "It gave me a really good perspective on how much preparation is really involved and underestimating that kind of stuff going into it is something that you definitely don't want to do," he said. "And that can even apply to your own sport — whether it's a national championship or a provincial championship — you can take things away on how to prepare and compete at whatever level you're at."

Hockey

Canadian U18s rout Swedes to win their group

Connor McDavid scored three power-play goals and Canada clinched first place in its group with a 6-0 rout of Sweden on Tuesday at the world under-18 hockey championship in Sochi, Russia.

McDavid opened the scoring 1:17 into the game, and sealed the victory with a pair of goals in the third period.

The 16-year-old Erie Otters forward, who added an assist, has 11 points in four games at the tournament.

Zach Nastasiuk, Morgan Klimchuk and Nick Ritchie scored in the second period as Canada pulled away from the Swedes.

Philippe Desrosiers made 28 saves for the shutout.

Canada finished first in Group B with a 4-0 record, outscoring its opponents 23-3. The Canadians will play the Czech Republic, which finished fourth in Group A, in Thursday's quarter-finals.

THE CANADIAN PRESS

NBA. Bucks suffer from Heat stroke in 4th quarter

Dwyane Wade scored 21 points, LeBron James finished with 19 and the Miami Heat took off in the fourth quarter to pull away and beat the Milwaukee Bucks 98-86 in Game 2 of the teams' Eastern Conference first-round series on Tuesday night.

Chris Bosh, Shane Battier and Chris Andersen all scored 10 points for the Heat, who now lead the best-of-seven 2-0. Game 3 is Thursday in Milwaukee.

The Heat scored the first 12 points of the fourth quarter, needing just over two minutes to blow open what had been a three-point game.

Ersan Ilyasova scored 21 points for Milwaukee, which got 16 from Mike Dunleavy and 14 from Larry Sanders. The Bucks' starting guards, Brandon Jennings and Monta Ellis, combined for only 15 points.

And an already-daunting task for Milwaukee — beating the reigning NBA champions — just got tougher. James is 10-0 when his teams have a 2-0 series lead, and Wade is 8-0 in that situation.

The first 2:23 of the fourth quarter decided everything. Andersen started it with a three-point play, James had a layup not long afterward and



Bucks guard Brandon Jennings has his shot contested by Chris Andersen of the Heat on Tuesday in Miami.

MIKE EHREMAN/GETTY IMAGES

the Heat were starting to roll. Another basket by Andersen off a pass from Ray Allen made it 77-65, and James found Norris Cole for a 3-pointer that capped the flurry and made it 80-65.

Just like that, it was over. Jennings and Ellis combined for 48 points in Game 1, and the Bucks got blown out. So in the first half of Game 2, they combined for one point, were held to five shots that all missed ... and the Bucks were within 47-43 at halftime.

THE ASSOCIATED PRESS

NBA

NBA PLAYOFFS

FIRST ROUND

(Best-of-7)

EASTERN CONFERENCE

MIAMI (1) VS MILWAUKEE (8)

(Miami leads series 2-0)

Tuesday's result

Miami 98 Milwaukee 86

NEW YORK (2) VS BOSTON (7)

(New York leads series 1-0)

Tuesday's result

Boston at New York

INDIANA (3) VS ATLANTA (6)

(Indiana leads series 1-0)

Wednesday's game

Atlanta at Indiana, 7:30 p.m.

BROOKLYN (4) VS CHICAGO (5)

(Series tied 1-1)

Monday's result

Chicago 90 Brooklyn 82

Thursday's game

Brooklyn at Chicago, 8:30 p.m.

WESTERN CONFERENCE

OKLAHOMA CITY (1) VS HOUSTON (8)

(Oklahoma City leads series 1-0)

Wednesday's game

Houston at Oklahoma City, 7 p.m.

SAN ANTONIO (1) VS L.A. LAKERS (7)

(San Antonio leads series 1-0)

Sunday's result

San Antonio 91 L.A. Lakers 79

Wednesday's game

L.A. Lakers at San Antonio, 9:30 p.m.

DENVER (3) VS GOLDEN STATE (6)

(Denver leads series 1-0)

Tuesday's result

Golden State at Denver

L.A. CLIPPERS (4) VS MEMPHIS (5)

(L.A. Clippers leads series 2-0)

Monday's result

L.A. Clippers 93 Memphis 91

Thursday's game

L.A. Clippers at Memphis, 9:30 p.m.

NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
z-Pittsburgh	46	35	11	0	0	155	113	70
dx-Boston	45	27	13	2	3	125	102	59
y-Washington	46	26	18	2	0	145	126	54
x-Montreal	46	27	14	3	2	141	123	59
x-Toronto	45	25	15	0	5	138	124	55
x-NY Islanders	46	24	16	4	2	137	135	54
Ottawa	45	23	16	2	4	109	99	52
NY Rangers	46	24	18	0	4	122	109	52
Winnipeg	47	24	20	0	3	126	140	51
New Jersey	46	18	18	3	7	109	123	46
Buffalo	47	20	21	2	4	123	142	46
Philadelphia	46	21	22	1	2	129	139	45
Carolina	46	19	24	2	1	122	148	41
Tampa Bay	45	17	24	1	3	140	141	38
Florida	46	14	26	5	1	107	164	34

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pt
z-Chicago	45	34	6	0	5	147	97	73
y-Anaheim	46	29	11	3	3	134	112	64
y-Vancouver	46	26	13	1	6	124	111	59
x-Los Angeles	45	26	14	1	4	128	111	57
San Jose	45	24	14	3	4	118	109	55
St. Louis	45	26	17	1	1	119	112	54
Minnesota	45	24	18	1	2	116	119	51
Columbus	46	22	17	3	4	114	117	51
Detroit	45	21	16	3	5	113	112	50
Dallas	45	22	19	3	1	127	133	48
Phoenix	45	19	18	3	5	114	122	46
Calgary	45	19	22	1	3	123	149	42
Edmonton	45	17	21	4	3	111	127	41
Nashville	45	15	21	3	6	104	128	39
Colorado	45	15	23	5	2	109	142	37

x - clinched playoff berth; y - division; z - conference.

Tuesday's results

Buffalo 4 Pittsburgh 2	Carolina 4 NY Islanders 3 (SO)
Florida 3 NY Rangers 2	New Jersey 3 Montreal 2
Philadelphia 5 Boston 2	Washington 5 Winnipeg 3
Colorado at St. Louis	Calgary at Nashville
Los Angeles at Minnesota	Dallas at San Jose
Monday's late results	Anaheim 3 Edmonton 0
Vancouver 3 Chicago 1	Wednesday's games — All Times Eastern
Toronto at Tampa Bay, 7 p.m.	Los Angeles at Detroit, 7:30 p.m.
Chicago at Edmonton, 9:30 p.m.	San Jose at Phoenix, 10 p.m.

MLB

AMERICAN LEAGUE

EAST DIVISION				
	W	L	Pct	GB
Boston	13	7	.650	—
Baltimore	12	8	.600	1
New York	11	8	.579	1½
Tampa Bay	9	11	.450	4
Toronto	8	13	.381	5½
CENTRAL DIVISION				
Kansas City	10	7	.588	—
Minnesota	9	7	.563	½
Detroit	9	9	.500	1½
Cleveland	8	10	.444	2½
Chicago	7	12	.368	4
WEST DIVISION				
Texas	13	6	.684	—
Oakland	13	8	.619	1
Los Angeles	7	11	.389	5½
Seattle	8	13	.381	6
Houston	5	14	.263	8

Tuesday's results	
Baltimore 4 Toronto 3	Minnesota 4 Miami 3 (first game)
N.Y. Yankees 4 Tampa Bay 3	Oakland 13 Boston 0 (7 innings)
Cleveland at Chicago White Sox (ppd., rain)	Kansas City at Detroit (ppd., rain)
Miami at Minnesota (second game)	Seattle at Houston
Texas at L.A. Angels	Wednesday's games — All Times Eastern
Toronto at Baltimore, 12:35 p.m.	Cleveland at Chicago White Sox, 2:10 p.m.
Seattle at Houston, 2:10 p.m.	Oakland at Boston, 4:05 p.m.
Kansas City at Detroit, 7:05 p.m.	N.Y. Yankees at Tampa Bay, 7:10 p.m.
Texas at L.A. Angels, 10:05 p.m.	

NATIONAL LEAGUE	
Tuesday's results	
Atlanta 4 Colorado 3 (first game)	Chicago Cubs 4 Cincinnati 2 (10 innings)
Pittsburgh 2 Philadelphia 0	St. Louis 2 Washington 0
L.A. Dodgers at N.Y. Mets	Atlanta at Colorado (second game)
Milwaukee at San Diego	Arizona at San Francisco

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ALL-NEW X-MODE™‡



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FROM

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AWD**

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*Ratings of "Good" are the highest rating awarded for performance in four safety tests (moderate overlap front, side, rollover and rear) conducted by the Insurance Institute for Highway Safety (IIHS) (www.iihs.org). To earn a 2013 TOP SAFETY PICK, a vehicle must receive a "Good" rating in all four of these tests. *MSRP of \$25,995 on 2014 Forester 2.5i (EJ1X0). MSRP excludes Freight & PDI of \$1,595. Taxes, license, registration and insurance are extra. \$0 security deposit. Model shown is 2014 Forester 2.0XT Limited Package (EJ2 XTL) with an MSRP of \$35,495. †Power rear gate: Available on 2.5i Touring, 2.5i Limited and 2.0XT Limited models only. ‡X-MODE™: Equipped in CVT models only. Dealers may sell for less or may have to order or trade. Offers applicable on approved credit at participating dealers only. Vehicle shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details.



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Black Hatchback 59k. Stk. #92760

**2010 Subaru WRX
AWD**
White Hatchback 70k. Stk. #92770

Relax, it's Acura 2014 RLX



ALL PHOTOS WHEELBASEMEDIA.COM

5 DRIVE

2014 Acura RLX

- **Type.** Four-door front-wheel drive mid-luxury sedan
- **Engines (hp).** 3.5 litre SOHC V6 (310)
- **Transmissions.** Six-speed automatic with paddle-shift controls
- **Base price (incl. destination)** \$50,000

Design

The first thing you notice about the RLX is its handsome sheet metal. The car's Honda roots are definitely showing, but it easily beats the rest of Acura's sedan fleet when it comes to appearance. Perhaps surprisingly, its overall dimensions — length, width and height — differ only slightly from the RL.



The 3.5-litre V6 engine

Weight

The rigid body structure uses considerable amounts of high-strength steel that, combined with numerous aluminum body panels, helps keep the car below the 1,820-kilogram mark. That's roughly 45 kilograms lighter than the RL.

Engine

The RLX clings to its V6 roots by using a 310-horsepower 3.5-litre unit that produces 272 pound-feet of torque. By comparison, the RL's 3.7-litre V6 made 300 horsepower and 271 pound-feet of torque. The engine prefers premium fuel, but the RLX is rated at 10.5 l/100 km in the city and 6.4 on the highway.

Review. RLX's 'takaburi' all begins with a wild set of headlights

MALCOLM GUNN
wheelbasemedia.com

"Takaburi" is the word Acura's project leader Yousuke Sekino uses in describing the 2014 RLX sedan. It means "exhilarating" in Japanese and if any car in Honda's premium division fits that description, this is it.

Acura has been noticeably bereft of a truly top-level flagship model with that 'takaburi' feeling for some time. The long-in-the-tooth RL sedan that resembled a slightly enlarged Accord from two generations ago never really cut it with those seeking flash and dash.

The replacement RLX, arriving by early spring, likely won't pry anyone from their status-mobiles models displaying three-pointed stars, interconnected rings or airplane-propeller logos. But at least Acura offers some com-

elling reasons for having the valet gang park one for you in its assigned stall.

The RLX's more aggressively styled front fenders, smoothed-out grille and unique multi-reflector headlight pods contribute to a distinctly premium look.

Much of the between-the-wheels increase gives the RLX an impressive amount of rear-seat legroom that puts its key Japanese and German competitors to shame.

The rest of the interior also impresses, with an elegant dashboard and control-panel layout, inviting and supportive leather-covered seats and a floor console that can be opened from the driver or passenger's side.

Although not obvious in flat-out driving, the RLX certainly feels poised and precise in tight turns and provides a no-sweat experience when braking at high speeds.

The RLX arrives with an abundance of people-pleasing content, but you will need to shell out more than the \$50,000 base price to add



The RLX's interior fits well and is neat and tidy. The centre console can be opened from the left or the right.

a number of collision-mitigating features, the navigation system, premium leather package and your choice of two high-end audio systems.

The RLX is a giant leap forward for Acura and is comparable to more established luxury brands in style and content, with a smidgen of "takaburi" tossed in for good measure.



Those unique, stylish headlights.

Compare



1 Lexus GS
Base price: \$53,900



2 Audi A6
Base price: \$54,500



3 BMW 5-series
Base price: \$56,500

Designers to China: You have our attention

Autopilot. The huge Chinese vehicle market will, inevitably, influence what ends up on our roads



AUTO PILOT
Mike Goetz
drive@metronews.ca

The Shanghai motor show on this week further confirms the importance of the Chinese market to today's global automakers.

They showed up in droves bearing metaphorical boxes of chocolates and actual concepts and production cars. And why wouldn't they?

Good to be big

China is by far the single largest vehicle market in the world — selling more than 20 million units a year. The next biggest market, the U.S., is about 15 million. GM sells more vehicles in China (about 2.8 million) than it does in America.

Size is just one thing. Potential is another. In the U.S. there



The Nissan Friend-ME debuted at this week's Shanghai auto show to possibly woo the world's largest cohort — the 240 million (mostly male) Chinese born in the 1980s, known as the "Balinghou." HANDOUT

are currently 800 cars for every 1,000 people. That's one saturated market. In China, it's currently about 50 to 80 vehicles per every 1,000 people. That's upside with hot sauce. In five years China's annual market is expected to top 35 million units.

It's a free for all

And what's making automakers even more crazy about

China is that the market is still up for grabs. No dominant player. Lots of domestic and foreign players investing in production and retail facilities. Lots of current and future segment races to be won and lost.

Driving the design bus

Net result: A massive amount of intellectual and monetary design capital is being focused on China at the moment, and

that will reverberate across all global markets.

This is not to say that the Chinese market will darken the design light in other markets, only that what's going on in China will surely influence global design trends. There's no way it can't.

At the very least, we here in the North American market get to "yea or nay" automotive designs that are already fleshed

out and/or contemplated for China.

Take for example the Nissan Friend-ME concept, which had its world debut at Shanghai. Nissan says it has been expressly designed to appeal to the world's largest single market demographic — the approximately 240 million Chinese born in the 1980s, tagged as the "Balinghou."

Because of China's "one

child" policy, the majority of the Balinghou demographic are males without siblings. They are in their mid-20s now and ready to buy. (They might be somewhat over parented too, but let's not go there today.)

"Clearly, their tastes will shape automotive trends worldwide for decades to come," said Nissan's product strategy chief, Francois Bancon, in a press release.

Because they grew up without siblings, and leisure time with peers is treasured, Nissan figured the Friend-ME could give these Balinghou males a private-yet-connected space to hang out with peers, and a "balanced" design that allows them to "stand out" and "fit in" at the same time. And speaking to China's growing urbanity, another aim of the design is to be a "confident creature of the night, meant to be seen in bright city lights."

I don't know how much you, or I, have in common with a 20-something male in China, who has no siblings but loads of personal and familial expectations, but if you watch automotive design over the next few years, we might find out.

Complex car components can be costly

Driving force. Auto parts: The more they make, the less they cost

JIL
MCINTOSH
drive@metronews.ca

A car may be expensive to buy, but it's also expensive to build. In addition to the cost of raw materials, plant overhead and labour, automakers also have to consider the design and development of each component.

"Before we stamp out the first part, there are significant costs associated with design, product validation, capital equipment and tooling that must be paid for up front, or agreed to be amortized across the production run," says Patrick Kinsie, executive director of global business development for Multimatic Inc., which makes various parts for several auto companies.

While simple parts will have relatively smaller

Quoted

"There are companies that run profits making a handful of hand-built engines, but they charge a much higher price for them."

Patrick Kinsie, executive director of global business development for Multimatic Inc..

start-up costs, the price for complex ones can be astronomical. Developing a completely new engine or transmission can be as much as \$500 million to \$1 billion.

Car companies spread these enormous costs over volume production, including numerous variants. An engine design may stick around for some 15 years, with engineers creating new or differently-sized engines based on its architecture. There will still be considerable cost involved for these, but it will be much less than starting from scratch.

Vehicle platforms are designed so they can be used

to create several new models with common components, spreading the initial cost and recouping it as soon as possible.

Depending on the part, automakers may produce it in-house or work with independent suppliers. There are many ways these companies work together, including the car manufacturer handing over a production-ready design for the supplier to build, or providing the size and performance requirements and having the supplier design and develop it, known in the trade as full black-box design.

New designs are initially made into prototypes to make sure they'll work properly, and if they're structural, they will need to be crash-tested. Once the parts are validated, expensive dies are made to stamp them out in large quantities.

"There are companies that run profits making a handful of hand-built engines, but they charge a much higher price for

Methods used

Automakers often use generic parts from suppliers for much of their hardware, such as window motors or trunk hinges, but use proprietary parts for differentiation in powertrain and design.

• **Working together.** Some car companies work jointly on major projects, such as the "world engines" designed by Chrysler, Hyundai and Mitsubishi, spreading the cost of the basic architecture.

• **Standards.** Global vehicles sold in Canada must meet federal requirements, including safety standards, metric instruments and bilingual labels and manuals, which add to their cost.



The production line at parts company Multimatic Inc. PHOTO FROM MULTIMATIC INC.

them," Kinsie says. "In a mainstream vehicle, the automaker will want to make it in the millions to get that unit amortization down to a reasonable level."

Horoscopes

Aries

March 21 - April 20

Think before you act and resist the urge to be provocative. You may think you can get away with just about anything but that isn't true, and will be even less true as the week goes on.

Taurus

April 21 - May 21

You would like to make an intelligent assessment of a situation but how can you when the facts are confusing? Don't worry. A few days from now everything will be clear and you'll know what to do.

Gemini

May 22 - June 21

Today's link between Jupiter in your sign and your ruling planet Mercury will encourage you to see things in a more open and optimistic fashion. Life is as good as you want to make it, today and every day.

Cancer

June 22 - July 23

Take care when dealing with people in positions of power because some of them are in a touchy mood. Wherever possible, keep a distance between you.

Leo

July 24 - Aug. 23

You may have strong opinions about certain issues but if you are smart, you won't make a big deal of them. Even if facts and figures are on your side just keep quiet and let others argue among themselves.

Virgo

Aug. 24 - Sept. 23

You will say too much today. With your ruler Mercury nicely linked to Jupiter, planet of excess, you just can't keep your mouth shut. And why should you when you're right?

Libra

Sept. 24 - Oct. 23

According to the planets, you are in the mood to say and do things that shock. That's OK but make sure you know what the possible consequences could be, especially the financial consequences.

Scorpio

Oct. 24 - Nov. 22

You may be feeling quietly confident about your chances but if you are wise you won't take anything for granted over the next 48 hours.

Sagittarius

Nov. 23 - Dec. 21

Honesty is your best policy today, even if it means telling a friend something they may not want to hear. Jupiter, your ruler, will help you say it in a way that doesn't hurt their feelings.

Capricorn

Dec. 22 - Jan. 20

If it feels right to make a snap decision today then do so. Even if you are acting on limited information there is every chance you will reach the right conclusion, and maybe hit the jackpot financially too.

Aquarius

Jan. 21 - Feb. 19

You need to make a decision about your work but you are torn between two different approaches. How do you resolve this dilemma? A second opinion will help you establish your own opinion.

Pisces

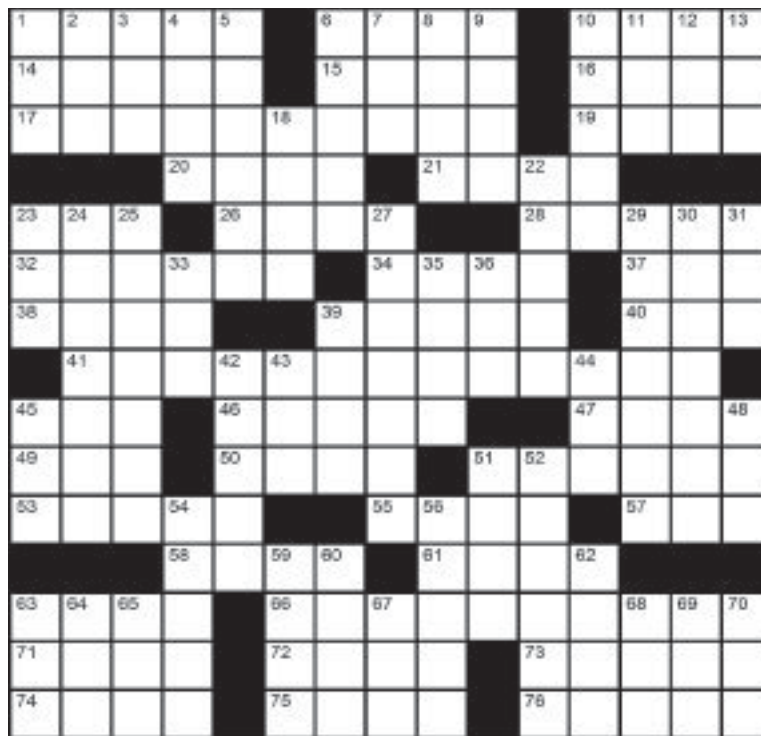
Feb. 20 - March 20

You will need to put on a brave face, especially if you get news that seems to be the opposite of what you were hoping to hear. The key word there is "seems", because most likely it is good news. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- "___ I Say" by Ray Charles
- Cooking amt.
- Shania Twain's "I ___ No Quitter"
- "Well, golly!"
- Competed, ___ race
- Midday
- Movie reviewer: 2 wds.
- Fair
- Gull-like bird
- Money in Mexico
- World Series org.
- Finales
- ___, Oklahoma
- Tenner, in time
- Scotch stuff; it's sticky
- Job, for short
- Chat
- "Rio" band, when doubled
- Rocker Mr. Adams, to pals
- Who writes Metro's In Focus column?: 2 wds.
- 6's phone letters
- Ornamental containers
- Base
- Eggs come in one [abbr.]
- San __, Italy
- Fabric softener brand
- Fashion mag
- Unaccompanied



- Greek alphabet's 17th letter
- Drawn dog
- Dove sounds
- Canadian telecom company
- On-camera acting audition: 2 wds.
- Seed's protector
- 'Bul' add-on

- (Country in Europe)
- "Best ___ Had" by Drake
- Count on
- Trevor ___ (Tony-winning Cats director)
- Antique-style water carriers
- Panda-symbol org.

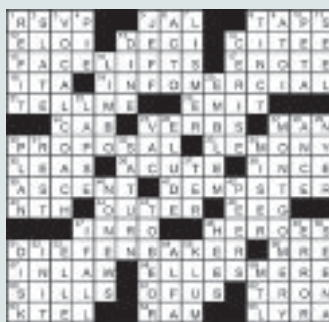
- Masses, with Polloi
- Pointy tool
- Canadian coffee chain, affectionately
- Like some backyards
- Set of three
- Ghost's pet
- Cut
- Walking speed

- Variety of pear
- Promise to pay
- Yeses opposites
- AC/DC song: "___"
- Written symbol of yore
- Shorthand, shortly
- Summer hrs. in Alberta

- Foo Fighters song: "___ Fly"
- CFL players in the West: acronym + wd.
- MGM and Paramount, and others
- East Coast catch
- Newfoundland rum
- 'Delic' suffix
- US dog org.
- Bows
- ___ excellence
- Snare, for one
- Bible king
- 'Passion' suffix
- Function
- 1200 in ancient Rome
- Tip to 'pia' (Near-sightedness)
- Ice mass
- Canuck coin
- Canadian actress Ms. Parker
- 'Caribbean Queen' singer Billy
- "This ___ unexpected surprise!"
- Light brown
- K-___ ('Twilight' flicks actress, nicknamed)
- Chocolate ___
- Earlier, olde-style
- Abner of comics
- Tin Tin's lead-in
- Adam and ___
- Religious address, briefly
- Mr. Knight's, formerly of "Grey's Anatomy"

See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN

Yesterday's Crossword

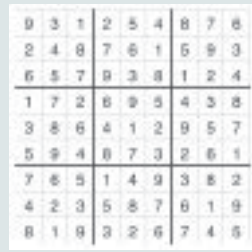


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY

THURSDAY

FRIDAY



MAX: 1°
MIN: -7°



MAX: 8°
MIN: 2°



MAX: 13°
MIN: 1°

JENNA KHAN WEATHER SPECIALIST

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